

Tuesday 25th June 2024

Dear Parents,

I have received some emails and had discussions regarding the nature of teaching Relationship and Sex Education (RSE). Previously, I outlined what the core of this work might look like, but it was not necessarily clear what content would be taught at each age level. I want to ensure you have a clear understanding of what we intend to deliver to each age group.

Please be aware that these lessons will start this week and will continue over the next two weeks. We aim to keep the content science-focused, making it manageable for you to address any questions that may arise at home.

Thank you for your understanding and support.

Yours sincerely



Mr Grimley

Year 1 and Reception

Learning Outcomes

Children will be able to:

- Understand that there are changes in nature and humans.
- Name the different stages in childhood and growing up.
- Understand that babies are made by a man and a woman.
- Use the correct vocabulary when naming the different parts of the body.
- Know how to keep themselves safe.
- Explain that a baby is made by a woman and a man, and grows inside a mother's tummy.
- Understand that every family is different.
- Talk about similarities and differences between themselves and others.
- Understand that there are changes in nature and humans.
- Name the different stages in childhood and growing up.
- Understand that babies are made by a man and a woman.
- Use the correct vocabulary when naming the different parts of the body.
- Know how to keep themselves safe.



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FLOURISHING FUTURES

- Name parts of the body (including reproductive parts) using the correct vocabulary. Including penis and vulva (scientifically presented so we all have the same noun in case we need to explain to a doctor where we are hurt)
- Explain which parts of their body are kept private and safe and why.
- Tell or ask an appropriate adult for help if they feel unsafe.

Year 2 / 3 (Language introduced alongside body parts like hand leg and arm)

- Identify which parts of the human body are private;
- Explain that a person's genitals help them to make babies when they are grown up; penis, vulva, ovary and testicles
- Understand that humans mostly have the same body parts but that they can look different from person to person.
- Explain what privacy means;
- Know that you are not allowed to touch someone's private belongings without their permission;
- Give examples of different types of private information.
- Identify how inappropriate touch can make someone feel;
- Understand that there are unsafe secrets and secrets that are nice surprises;
- Explain that if someone is being touched in a way that they don't like they have to tell someone in their safety network so they can help it stop
- Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens
- Recognise and describe appropriate behaviour online as well as offline;
- Identify what constitutes personal information and when it is not appropriate or safe to share this;
- Understand and explain how to get help in a situation where requests for images or information of themselves or others occurs.

Year 3 (As year 2, with one separate lesson)

- Recognise that babies come from the joining of an egg and sperm;
- Explain what happens when an egg doesn't meet a sperm;
- Understand that for girls, periods are a normal part of puberty.

Year 4 / 5

- Identify parts of the body that males and females have in common and those that are different;
- Know the correct terminology for their genitalia; Naming only not linked to reproduction:

Female: vulva, (see note, below*), vagina, ovaries, eggs, womb, clitoris, labia, breasts

Male: penis, testicles, sperm, pubic hair

- Understand and explain why puberty happens.
- Know the key facts of the menstrual cycle;
- Understand that periods are a normal part of puberty for girls;
- Identify some of the ways to cope better with periods.
- Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret;
- Recognise how different surprises and secrets might make them feel;
- Know who they could ask for help if a secret made them feel uncomfortable or unsafe.
- Understand that marriage is a commitment to be entered into freely and not against someone's will;
- Recognise that marriage includes same sex and opposite sex partners;
- Know the legal age for marriage in England or Scotland;
- Discuss the reasons why a person would want to be married, or live together, or have a civil ceremony.

Year 6

Children will be able to:

- Describe how and why the body changes during puberty in preparation for reproduction. Talk about puberty and reproduction with confidence.
- Explain differences between healthy and unhealthy relationships. Know that communication and permission seeking are important.
- Describe the decisions that have to be made before having children. Know some basic facts about conception and pregnancy.
- To have considered when it is appropriate to share personal/private information in a relationship. To know how and where to get support if an online relationship goes wrong.