



Dear Parents/ Carers

CAP UK is a school-based project that works with the whole school community to reduce children's vulnerability to abuse. CAP equips children with the skills and strategies necessary to stay safe from harm and encourages them to grow up to be strong and confident young people.

Our project generally works with primary aged children, and we will be working with the children in your school this Summer Term. The workshops will run on the 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> of June with each class having a total of three hours of workshops. The content of the workshops will include keeping safe around other children, around strangers, and also the people that they do know. The years 2 to 6 classes will also learn about keeping safe on-line.

The format of the workshops will be a combination of role-plays and group discussion and the Reception and Year 1 classes will also be having a puppet show.

We very much look forward to working with your children to help to keep them SAFE STRONG and FREE and to empower them to keep safe in all situations. For more general information about our charity please visit our web site or you can click on the link below which takes you directly to our Parents page where you can watch a short film about our CAP workshops.

<https://safestrongfree.org.uk/parents/>

Kind regards

The CAP Team

[www.safestrongfree.org.uk](http://www.safestrongfree.org.uk)