



23rd April 2020

Dear Parents,

Our school nursing team have passed us the following useful information regarding how to access medical care if your child becomes unwell during the lockdown, with specific information about the arrangements at Torbay hospital.

We hope that you do not need this information, but it is as well to be prepared.

Yours sincerely,

A handwritten signature in black ink that reads "Ruth Alphey". The signature is written in a cursive style and is underlined with a single horizontal stroke.

Ruth Alphey
Head of Academy



Dunsford Community Academy
Dunsford, Exeter
Devon, EX6 7DD
T: 01626 248797 **E:** dunsford@lapsw.org
W: dunsford-lap.co.uk



TOGETHER WE EMPOWER EXCELLENCE

Learning Academy Partnership Registered Office: Suite 4 Zealley House, Greenhill Way, Kingsteignton, Newton Abbot, TQ12 3SB Company number: 07713540

FOR PARENTS

A SPECIAL COVID MESSAGE

When your child is ill or injured it is very difficult to decide if/when to call your child's GP, NHS 111 or go the Accident and Emergency Department (A&E). During the current situation and while the government is asking everyone to stay at home, it can be confusing to know what to do. Here is some guidance:



FOR ADVICE ON COVID-19 AND
CHILDHOOD ILLNESSES/INJURIES
VISIT WWW.NHS.UK

Designed by primary and
secondary care clinicians from
Barts Health & North-East
London STP

YOU SHOULD GO TO A&E AND/OR CALL 999 IMMEDIATELY IF

APPEARANCE

- ▶ Pale/mottled/ashen/blue colour
- ▶ Collapsed/unresponsive/loss of consciousness
- ▶ No obvious pulse or heartbeat
- ▶ Severe allergic reaction

BEHAVIOUR

- ▶ Extreme irritability/pain/sleepiness
(can be woken but falls asleep immediately)
- ▶ Seizure/jerking movements/fit



BREATHING

- ▶ Sucking in and out between ribs
- ▶ Flaring nostrils
- ▶ Extremely fast breathing
- ▶ Noisy breathing

OTHER

- ▶ Bleeding from an injury, that doesn't stop after 10 minutes of pressure

YOU SHOULD GO TO A&E IF

APPEARANCE

- ▶ Dizziness/feeling faint
- ▶ Rash that does not fade when you press it

BEHAVIOUR

- ▶ Severe constant tummy pain

OTHER

- ▶ Burn
- ▶ Possible broken bone



OTHER

- ▶ Swallowed foreign objects
(especially magnets/batteries)
- ▶ Temperature higher than 38°C in a baby
younger than three months old
- ▶ Your child has special health care needs and
you have a plan that tells you to go to A&E
- ▶ Feels abnormally cold to touch
- ▶ Expressing suicidal/significant selfharm thoughts

YOU SHOULD CALL YOUR GP IF

APPEARANCE

- ▶ Mild/mod allergic reaction (known or suspected)
- ▶ New rash that fades when you press on it

BEHAVIOUR

- ▶ Mild irritability/sleepier than normal
- ▶ Severe tummy pain that comes and goes
- ▶ Vomiting and diarrhoea
- ▶ Not passed urine for more than 12 hours



BREATHING

- ▶ Wheezing/fast breathing

OTHER

- ▶ Temperature >39°C (age 3-12 months)
- ▶ Temperature over 38°C for more than 7 days
- ▶ Accidental overdose of medication or other substances
- ▶ Ear pain for more than 2 days
- ▶ Emotional distress, that can't be reassured

YOU SHOULD CHECK WITH 111 OR YOUR COMMUNITY PHARMACIST IF

APPEARANCE

BREATHING